



IN STUDIO REFORMER SESSIONS

DLF PHASE 1 STUDIO	MON	TUE	WED	THU	FRI	SAT	SUN
	NEW 7:30 AM BEGINNER REFORMER				NEW 7:30 AM BEGINNER REFORMER		
	8:30 AM ADVANCED REFORMER	8:30 AM ADVANCED REFORMER	8:30 AM ADVANCED REFORMER	8:30 AM ADVANCED REFORMER	8:30 AM BEGINNER REFORMER	8:30 AM ADVANCED REFORMER	
			9:30 AM BEGINNER REFORMER				NEW 10:00 AM BEGINNER REFORMER
		NEW 10:30 AM BEGINNER REFORMER		10:30 AM BEGINNER REFORMER		10:30 AM BEGINNER REFORMER	
		NEW 5:00 PM BEGINNER REFORMER		NEW 5:00 PM BEGINNER REFORMER			
	6:00 PM BEGINNER REFORMER		6:00 PM BEGINNER REFORMER	6:00 PM ADVANCED REFORMER	NEW 6:00 PM BEGINNER REFORMER		
7:00 PM BEGINNER REFORMER		7:00 PM BEGINNER REFORMER					

NIRVANA STUDIO	MON	TUE	WED	THU	FRI	SAT
	7:30 AM BEGINNER REFORMER	NEW 7:30 AM BEGINNER REFORMER		7:30 AM BEGINNER REFORMER	NEW 7:30 AM BEGINNER REFORMER	
		8:30 AM ADVANCED REFORMER	8:30 AM ADVANCED REFORMER	8:30 AM BEGINNER REFORMER	8:30 AM ADVANCED REFORMER	
	9:30 AM BEGINNER REFORMER	NEW 9:30 AM BEGINNER REFORMER				9:30 AM BEGINNER REFORMER
	6:30 PM BEGINNER REFORMER			6:30 PM BEGINNER REFORMER		

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