

IN STUDIO REFORMER SESSIONS

	MON	TUE	WED	THU	FRI	SAT	SUN
DLF PHASE 1 STUDIO	7:30 AM BEGINNER REFORMER				7:30 AM BEGINNER REFORMER		
	8:30 AM ADVANCED REFORMER	8:30 AM BEGINNER REFORMER	8:30 AM ADVANCED REFORMER				
		NEW		9:30 AM BEGINNER REFORMER			9:00 AM BEGINNER REFORMER
		10:30 AM BEGINNER REFORMER		10:30 AM BEGINNER REFORMER		10:30 AM BEGINNER REFORMER	
		5:00 PM BEGINNER REFORMER		5:00 PM BEGINNER REFORMER			
	6:00 PM BEGINNER REFORMER		6:00 PM BEGINNER REFORMER	6:00 PM ADVANCED REFORMER	6:00 PM BEGINNER REFORMER		
	7:00 PM BEGINNER REFORMER		7:00 PM BEGINNER REFORMER				

NIRVANA STUDIO

MON	TUE	WED	THU	FRI	SAT
7:30 AM BEGINNER REFORMER	7:30 AM BEGINNER REFORMER		7:30 AM BEGINNER REFORMER	7:30 AM BEGINNER REFORMER	
	8:30 AM ADVANCED REFORMER	8:30 AM ADVANCED REFORMER	8:30 AM BEGINNER REFORMER	8:30 AM ADVANCED REFORMER	
9:30 AM BEGINNER REFORMER	9:30 AM BEGINNER REFORMER				9:30 AM BEGINNER REFORMER
	6:30 PM BEGINNER REFORMER		6:30 PM BEGINNER REFORMER		

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